

The School District of Palm Beach County, Florida
School Food Service Department

Elementary School Approved A La Carte Beverages for SY 2012-2013

Alliance For A Healthier Generation's Guidelines

- ∞ Water in any size container
- ∞ ≤ 8 oz. milk and juice
- ∞ ≤ 150 cal/8 oz. fat-free or low-fat milk
- ∞ ≤ 120 cal/8 oz. 100% juice (NO added sweeteners) **AND** 10% DV for 3 micronutrients

Beverage	SFS Item #	Size	Meets AHG
Sysco Food Bid			
Zephyrhills Water	2009	8 oz.	Y
Zephyrhills Water	2008	16.9 oz.	Y
V8 Fusion			
Pomegranate Blueberry	2035 A	8 oz.	Y
Strawberry Banana	2035 B		
Juice (Aseptic) – Juicy Juice			
Apple, Berry & Fruit Punch	2019 - ABC	4.23 oz.	Y
Fruit 66 – 100% Fruit Juice			
Mixed Berry, Passion Fruit, Strawberry Melon, Tropical Fruit Punch	2037 ABCD	8 oz.	Y
Cool Juice – 100% Fruit Juice			
Fruit Punch & Mango Groove	2036 A&D	8 oz.	Y
Borden Dairy Company of Florida			
Milk			
Skim	4467	8 oz.	
Fat Free Chocolate	4470	8 oz.	Y
1% Low Fat Unflavored	4492	8 oz.	
M&B			
Juice			
Assorted Juice Flavors	See Order Form	4 oz.	Y

DISCLAIMER: The intention of the School District of Palm Beach County's School Food Service Department was to transition the sale of all a la carte beverages to align with the Alliance for a Healthier Generation's (AHG) beverage guidelines. Please note that beginning with the 2011-2012 school year, all beverages listed on this shopping guide meet the AHG beverage guidelines and are **approved for sale in all elementary schools.**